



# DMS Athletics

**WE WANT YOU!**

**2020-2021**

## **DUNDALK MIDDLE SCHOOL ATHLETIC PROGRAM**

Athletic Director – Brian Bandurchin [bbandurchin@bcps.org](mailto:bbandurchin@bcps.org)

All Athletic programs will follow guidance of BCPS, MSDE and CDC and are subject to change at any time.



# Virtual Coaching Supports

## Goals

1. Promote **healing and building community**.
2. Ensure continued **academic and social/emotional support** for our student-athletes through the virtual learning period.
3. Support virtual learning **attendance and participation** through attendance and evidence of engagement requirements for participation in virtual practices.
4. Provide a format and platform for coaches and student-athletes to **reconnect, build relationships, and prepare for upcoming season(s)** through skill/sport specific instruction.
5. Promote **overall wellness** and the benefits of physical activity on personal health and disease prevention.
6. Assist student-athletes in creating and achieving **personal fitness, nutritional, and sport specific goals**.



# Interscholastic and Allied Programs

## Middle School

Fall  
Sep 25- Oct 23

Winter  
Oct 26-Dec 11

Spring  
Dec 14-Jan 29

Fall	Winter	Spring
Badminton – Ms Liddy	Basketball (B) – Mr Popielski	Allied Softball – Mr Bandurchin
Cross Country (B) – Mr Pepper	Basketball (G) – Mr Koger	Tennis – Mrs Marsiglia
Cross Country (G) – Ms Oliver		Track & Field (B)-Mr Pepper Track & Field (G) – Ms Oliver



# Athletics Eligibility

## Virtual Coaching and Conditioning Phase

THE FOLLOWING DOCUMENTATION MUST BE COMPLETED AND SUBMITTED TO YOUR COACH PRIOR TO PARTICIPATION OF ANY KIND

1. Athletic Permit
2. Concussion/Sudden Cardiac Arrest form
3. \*\*\*Physical Form – completed by parent & physician \*\*\*

This form must be completed before student can take part in any conditioning program

All Forms will be located in your grade level Schoology Group under Athletics

- Print it Out
- Fill It out
- Scan it (Pictures of completed forms are acceptable)
- Send It